



**LifeBaby** welcomes our parents and babies from 2 days to 2 years old. Our clean and sterile Infant Hydrotherapy Centre strives to better the health and wellness of our babies through power in the water.

### HYDRO FLOATATION AND MASSAGE SESSIONS

#### Life Baby Massage:

Infant Massage <b>only</b>	<b>15min</b>	<b>R280</b>
Specialised LT Infant Massage	<b>20min</b>	<b>R420</b>

#### Hydrotherapy Floatation Sessions Only

Water Floatation only (single session)	<b>20min</b>	<b>R370</b>
Friends Session - <b>Float only</b>	<b>40min</b>	<b>R350 each</b>

#### Hydrotherapy Floatation & Massage Session

Water Floatation and Massage (single session)	<b>40min</b>	<b>R540</b>
Friends Session - <b>Floatation &amp; massage</b>	<b>60min</b>	<b>R450 each</b>

### AQUATIC TECHNIQUES & MASSAGE (PRIVATE SESSION)

Exercise, water confidence and exposure to water without the floaty

Aquatics and Massage	<b>40min</b>	<b>R590</b>
Aquatics only	<b>20min</b>	<b>R470</b>

**\* Join our EXCITING NEW LOYALTY PROGRAMME at \*  
Life Baby and get up to 10% discount on sessions**

For general enquiries OR to book: [info@lifebaby.co.za](mailto:info@lifebaby.co.za)  
Greenstone bookings, requests etc: [greenstone@lifebaby.co.za](mailto:greenstone@lifebaby.co.za)  
Fourways bookings, requests: [fourways@lifebaby.co.za](mailto:fourways@lifebaby.co.za)



### HAIR STUDIO

Life Kids Hair Studio is ideally suited to treat kids between the ages: 4 to 14.

#### CAUCASIAN

##### BOYS

Cuts from	<b>R120</b>
Wash, Head Massage and Style from	<b>R160</b>

##### GIRLS

Cuts from	<b>R140</b>
Fringe Cut from	<b>R80</b>
Wash, Head Massage and Blow Dry from	<b>R160</b>

#### ETHNIC

##### BRAIDING

Undoing Braids from	<b>R90</b>
Free Hand with own Hair from	<b>R300</b>
Expressions Up Style	<b>R400</b>

##### DREADS

Starting from	<b>R360</b>
Treat from	<b>R360</b>
Treat and Style from	<b>R380</b>



# spa menu

### MASSAGES \*

Back, Neck and Shoulder Massage:	<b>30min</b>	<b>R210</b>
Full Body Massage:	<b>45min</b>	<b>R290</b>

Alleviate the stresses from school and sports with this massage using Swedish and Lomi Lomi techniques.

### FACIALS \*

**Life Day Spa Kids have specially formulated a child friendly product range, free of parabens, to ensure their sensitive skins are well looked after.**

Mini Facial:	<b>30min</b>	<b>R260</b>
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Cleanse, exfoliate, mask, moisturise with our child friendly paraben free product range. Used in all Sparties.

Specialized Targeted Facial:	<b>45min</b>	<b>R290</b>
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A gentle, yet thorough facial that offers a deep cleanse to problem skin. This Juliette Armand paraben free facial is specially formulated for tween and teen skin. A neck massage will add relaxation to the treatment.

- \* Prices apply to kids only - adults prices on request.
- \* Life Day Spa Kids is ideally suited to treat kids between the ages: 4 to 14.



T 011 465 7777

E [info@lifedayspakids.co.za](mailto:info@lifedayspakids.co.za)

Life Day Spa Fourways, Design Quarter District,  
2 Nicol Grove, Leslie Avenue East, Magaliesig, Fourways



## HYDROTHERAPY

Jacuzzi area accommodates up to 20 kids

Jacuzzi: **30min** **R100 pp**



## DIY PRODUCTS

**MAKE YOUR OWN - FREE OF CHARGE!**

**3 in 1 Cream** (used for your massage, manicure and pedicure)

**Sugar Scrub** (all over body exfoliator and used as the scrub in your manicure or pedicure)

1. Select your own fragrance.
2. Select your colour
3. Mix all together and get to use these in your treatment and take the rest home with you!



## MANICURES

**DIY - CREATE YOUR OWN SUGAR SCRUB AND MASSAGE CREAM TO USE IN YOUR TREATMENTS - FREE OF CHARGE!**

Fizz Ball Mini Manicure: **30min** **R180**

A relaxing fizz ball hand soak, quick massage, paint, enjoy the fizz ball experience.

Specialised Manicure: **45min** **R220**

Fizz ball hand soak, exfoliation, nail shape, relaxing massage, nail paint with a hot bean bag around the neck to add to the relaxation.

Nail Art: (additional 10 mins per nail) **R10 per nail**

Soak Off: (additional 20 minutes) **R90**

Nail Paint Only: **R120**



## PEDICURES

**DIY - CREATE YOUR OWN SUGAR SCRUB AND MASSAGE CREAM TO USE IN YOUR TREATMENTS - FREE OF CHARGE!**

Fizz Ball Mini Pedicure: **30min** **R190**

A relaxing Fizz ball foot soak, nail shape, quick massage and paint. Used in all Sparties.

Specialised Pedicure: **45min** **R240**

Fizz ball foot soak, exfoliation, nail shape, buff, relaxing massage, nail paint with a hot compress around the neck to add to the relaxation.

Nail Art: (additional 10 mins per nail) **R10 per nail**

Soak Off: (additional 20 minutes) **R90**

Nail Paint Only: **R130**



## COFFEE BAR

**We serve...**

Espresso, Cappuccino, Hot Chocolate, Fruit Juice & Softdrinks.

Snacks and Platters served on request. Catering Menu will be emailed on request.



## SPA PACKAGES

- All packages can be tailor made to your requirements and budget.
- Choose from the following options OR create your own package:

**BFF PACKAGE** **1.5 hours** **R570 pp**

- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- **Back, Neck & Shoulder** Massage (30min)
- **Mini Facial + FREE Popcorn** (30min)

**SISTERLY LOVE** **1.5 hours** **R520 pp**

- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- DIY Products - make your own products - **free of charge**
- **Mini Fizz Ball** Pedicure + **FREE Popcorn** (30min)
- **Back, Neck & Shoulder** Massage (30min)

**MOM AND ME** **1.5 hours** **R1 250 - Mom and Daughter Package**

- Welcome Drink (Kiddies Bubbly) + glass of sparkling wine for Mom
- DIY Products - make your own products - **free of charge**
- **Full Body** Massage (45min)
- **Specialised** Pedicure + **FREE Popcorn** (45min)



## SPARTY INFORMATION

- Kids Sparty packages start from R420 per child with a minimum of 6 guests.
- We will email you an invitation for you to send out to your guests.
- All girls will receive a glass of kiddies bubbly on arrival.
- Spa gowns will be provided for the kids to use whilst in the spa.
- Children to bring their own costumes, slip slops and change of clothes.
- Birthday girl will receive a **FREE GIFT** from Life Day Spa Kids.
- Use of the birthday room for 45 minutes is included - See below.



## SPARTY PACKAGES for GROUPS

**SPARTY PACKAGE 1- MIN. 6 KIDS** **2 hours** **R420 pp**

- Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) | DIY Products (10min) | Mini Fizz Ball Pedi OR Mani (20min) | Back, Neck and Shoulder Massage (20min) | Party Room (45min)

**SPARTY PACKAGE 2 - MIN. 6 KIDS** **2.5 hours** **R480 pp**

- Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) | DIY Products (10min) | Mini Fizz Ball Pedi OR Mani (30min) | Back, Neck and Shoulder Massage (30min) | Party Room (45min)

**SPARTY PACKAGE 3 - MIN. 6 KIDS** **3 hours** **R590 pp**

- Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) | Full Body Massage (45min) | DIY Products (10min) | Specialized Pedi OR Mani (45min) | Party Room (45min)

**SPARTY KARATE PACKAGE** - Exclusive to boys **2 hours** **R420 pp**

- Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) | DIY Products (10min) | Relaxing Fizz Ball Foot Soak and massage (20min) | Back, Neck & Shoulder Massage (20min) | Party Room (45min)



## EXCLUSIVITY OPTION - Does not include treatments

**For parties of 8 or more** **R4 700**

The spa will be exclusively yours for 3 hours from start of first treatment.



## BIRTHDAY ROOM

Our birthday room is a wonderful room where the "sparty" girls come together to blow out their candles and enjoy their snacks and cake.

This party room has specialised lighting that changes colour according to the theme of the party. The party room is available for 1 hour from the end of the last treatment.



## ADDITIONAL OPTIONAL EXTRAS

- **Photobooth:** Take your memories home with you! **From R3 900**
- **Additional Kiddies Bubbly:** **R110 per bottle**
- **Lunch:** Based on the options selected. **Platters available.**
- **Birthday Cake:** **From R690 - includes candles**
- **Sweet Boutique:** **R80 p.p (Minimum of 6 Kids)** Assorted vase sweets table with various premier sweets co-ordinated with the theme of your party.
- **Party Packs - from: R60 p.p**
- Purchase **personalised gowns** for the party girl or for all the girls joining your party: **R520**
- Tailor make your own **gift/sparty packs** with a choice of our paraben free spa products.
- **Professional Photographer:** Price on request.
- **Popcorn Machine with boxes and operator:** **R550 - Additional R40p.p for groups over 10.**
- **Chocolate Fountain:** **R690 (10 Kids) - Additional R50p.p for groups over 10.**
- **Chocolate Fountain & Popcorn Machine Combo:** **R990 (10 Kids) - Additional R70 p.p for groups over 10.**



## BOOKINGS

- Completed booking form is essential for Sparties. This will be emailed on request.
- A 50% Deposit is required within 48Hrs of receiving invoice.
- Final numbers are due 1 week (7 days) prior to the function.
- Deposits will be forfeited if the party is not cancelled within 14 days prior to the booked party date.
- All guests booked in the 'final numbers' will be charged for.
- All "no shows" will be charged for in full.
- Party times are set and need to be adhered too.
- **R1000 per hour venue hire fee** will be charged if party exceeds the allocated time.
- Guests to arrive 15 minutes before the start time of the party or before your treatments are booked.

**YOURS IN PAMPERING!**

The Life Day Spa Kids & Baby Team