

DIY PRODUCTS

MAKE YOUR OWN - FREE OF CHARGE!

- **3 in 1 Cream** (used for your massage, manicure and pedicure)
 - **Sugar Scrub** (all over body exfoliator and used as the scrub in your manicure or pedicure)
1. Select your colour.
 2. Select your fizz ball.
 3. Mix and match your tray and use these in your treatment and take the rest home with you!

MANICURES

DIY - CREATE YOUR OWN SUGAR SCRUB AND MASSAGE CREAM TO USE IN YOUR TREATMENTS - FREE OF CHARGE!

Fizz Ball Mini Manicure	30min	R180
A relaxing fizz ball hand soak, quick massage, paint, enjoy the fizz ball experience.		
Specialised Manicure	45min	R220
Fizz ball hand soak, exfoliation, nail shape, relaxing massage, nail paint with a hot bean bag around the neck to add to the relaxation.		
Nail Art	10mins per nail	R10 per nail
Soak Off	20mins	R90
Nail Paint Only		R120

PEDICURES

DIY - CREATE YOUR OWN SUGAR SCRUB AND MASSAGE CREAM TO USE IN YOUR TREATMENTS - FREE OF CHARGE!

Fizz Ball Mini Pedicure	30min	R190
A relaxing Fizz ball foot soak, nail shape, quick massage and paint. Used in all Sparties.		
Specialised Pedicure	45min	R240
Fizz ball foot soak, exfoliation, nail shape, buff, relaxing massage, nail paint with a hot compress around the neck to add to the relaxation.		
Nail Art	10mins per nail	R10 per nail
Soak Off	20mins	R90
Nail Paint Only		R130

HYDROTHERAPY

JACUZZI AREA ACCOMMODATES UP TO 20 KIDS

Jacuzzi **30min**
R100 per person

COFFEE BAR

WE SERVE...

Espresso, Cappuccino, Hot Chocolate, Fruit Juice & Softdrinks.
Snacks and Platters served on request. Catering Menu will be emailed on request.

- * Prices apply to kids only - adults prices on request.
- ** Life Day Spa Kids is ideally suited to treat kids between the ages: 4 to 14.



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MASSAGES*

Back, Neck and Shoulder Massage	30min	R210
Sporty Leg Massage	30min	R240
Full Body Massage	45min	R290

Alleviate the stresses from school and sports with this massage using Swedish and Lomi Lomi techniques.

FACIALS**

Life Day Spa Kids have specially formulated a child friendly product range, free of parabens, to ensure their sensitive skins are well looked after.

Mini Facial	30min	R260
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Cleanse, exfoliate, mask, moisturise with our child friendly paraben free product range. Used in all Sparties.

Specialized Targeted Facial	45min	R290
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A gentle, yet thorough facial that offers a deep cleanse to problem skin. This Aloe Vera paraben free facial is specially formulated for tween and teen skin. A neck massage will add relaxation to the treatment.

SPA PACKAGES

- All packages can be tailor made to your requirements and budget
- Choose from the following options OR create your own package

BFF Package	1.5hrs	R570 per person
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- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- Back, Neck & Shoulder Massage (30min)
- Mini Facial + FREE Popcorn (30min)

Sisterly Love	1.5hrs	R520 per person
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- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- DIY Products - make your own products - free of charge
- Mini Fizz Ball Pedicure + FREE Popcorn (30min)
- Back, Neck & Shoulder Massage (30min)

Mom and Me	1.5hrs	R1 250
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Mom and Daughter Package

- Welcome Drink (Kiddies Bubbly) + glass of sparkling wine for Mom
- DIY Products - make your own products - free of charge
- Full Body Massage (45min)
- Specialised Pedicure + FREE Popcorn (45min)

SPARTY INFORMATION

- Kids Sparty packages start from R340 per child with a minimum of 6 guests.
- We will email you an invitation for you to send out to your guests.
- All girls will receive a glass of kiddies bubbly on arrival.
- Spa gowns will be provided for the kids to use whilst in the spa.
- Children to bring their own costumes, slip slops and change of clothes.
- Birthday girl will receive a FREE GIFT from Life Day Spa Kids.
- Use of the birthday room - time stipulated, is included - See below.

SPARTY PACKAGES FOR GROUPS

SPARTY PACKAGE 1 (min. 8 kids)	1.5hrs	R340 per person
Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) DIY Products (10min) Mini Fizz Ball Pedi OR Mani (20min) Party Room (30min)		

SPARTY PACKAGE 2 (min. 6 kids)	2hrs	R420 per person
Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) DIY Products (10min) Mini Fizz Ball Pedi OR Mani (20min) Back, Neck and Shoulder Massage (20min) Party Room (45min)		

SPARTY PACKAGE 3 (min. 6 kids)	2.5hrs	R490 per person
Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) DIY Products (10min) Mini Facial (30min) Mini Fizz Ball Pedi OR Mani (30min) Party Room (45min)		

SPARTY PACKAGE 4 (min. 6 kids)	3hrs	R590 per person
Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) DIY Products (10min) Full Body Massage (45min) Calming facial (45min) Party Room (45min)		

SPARTY KARATE PACKAGE (exclusive to boys - min. 6 kids)	2hrs	R420 per person
Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) DIY Products (10min) Back, Neck & Shoulder Massage (20min) Relaxing Fizz Ball Foot Soak and massage (20min) Party Room (45min)		

EXCLUSIVITY OPTION (DOES NOT INCLUDE TREATMENTS)

For parties of 8 or more **R4 700**
The spa will be exclusively yours for 3 hours from start of first treatment.

BIRTHDAY ROOM

Our birthday room is a wonderful room where the "sparty" girls come together to blow out their candles and enjoy their snacks and cake.

This party room has specialised lighting that changes colour according to the theme of the party. The party room is available for 1 hour from the end of the last treatment.

ADDITIONAL OPTIONAL EXTRAS

- **Photobooth:** Take your memories home with you! From **R3 900**
- **Additional Kiddies Bubbly:** **R110** per bottle
- **Lunch:** Based on the options selected. Platters available.
- **Birthday Cake:** Includes candles. From **R690**
- **Sweet Boutique:** Minimum of 6 Kids. Assorted vase sweets table with various premier sweets co-ordinated with the theme of your party. **R80p.p**
- **Party Packs:** From **R60p.p**
- Purchase **personalised gowns** for the party girl or for all the girls joining your party. **R520p.p**
- Tailor make your own **gift/sparty packs** with a choice of our paraben free spa products.
- **Professional Photographer:** Price on request.
- **Popcorn Machine** with boxes and operator. **R550** (additional **R40p.p** for groups over 10).
- **Chocolate Fountain:** **R690** (additional **R50p.p** for groups over 10).
- **Chocolate Fountain & Popcorn Machine Combo:** **R990** (additional **R70p.p** for groups over 10).

BOOKINGS

- Completed booking form is essential for Sparties. This will be emailed on request.
- A 50% Deposit is required within 48Hrs of receiving invoice.
- Final numbers are due 1 week (7 days) prior to the function.
- Deposits will be forfeited if the party is not cancelled within 14 days prior to the booked party date.
- All guests booked in the 'final numbers' will be charged for.
- All "no shows" will be charged for in full.
- Party times are set and need to be adhered to.
- R1000 per hour venue hire fee will be charged if party exceeds the allocated time.
- Guests to arrive 15 minutes before the start time of the party or before your treatments are booked.

YOURS IN PAMPERING!
The Life Day Spa Kids Team