

# SPA MENU

## MASSAGES\*

**Back, Neck and Shoulder Massage** 30min **R220**

**Sporty Leg Massage** 30min **R250**

**Full Body Massage** 45min **R305**

Alleviate the stresses from school and sports with this massage using Swedish and Lomi Lomi techniques.

## FACIALS\*\*

Life Day Spa Kids have specially formulated a child friendly product range, free of parabens, to ensure their sensitive skins are well looked after.

**Mini Facial** 30min **R270**

Cleanse, exfoliate, mask, moisturise with our child friendly paraben free product range. Used in all Sparties.

**Specialized Targeted Facial** 45min **R305**

A gentle, yet thorough facial that offers a deep cleanse to problem skin. This Aloe Vera paraben free facial is specially formulated for tween and teen skin. A neck massage will add relaxation to the treatment.

## ★ SPA PACKAGES

- All packages can be tailor made to your requirements and budget
- Choose from the following options OR create your own package

**BFF Package** 1.5hrs **R595pp**

- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- Back, Neck & Shoulder Massage (30min)
- Mini Facial + FREE Popcorn (30min)

**Sisterly Love** 1.5hrs **R540pp**

- Welcome Drink (Kiddies Bubbly)
- Jacuzzi (30min)
- DIY Products - make your own products - free of charge
- Mini Fizz Ball Pedicure + FREE Popcorn (30min)
- Back, Neck & Shoulder Massage (30min)

**Mom and Me** 1.5hrs **R1 300**

### Mom and Daughter Package

- Welcome Drink (Kiddies Bubbly) + glass of sparkling wine for Mom
- DIY Products - make your own products - free of charge
- Full Body Massage (45min)
- Specialised Pedicure + FREE Popcorn (45min)

## SPARTY INFORMATION

- Kids Sparty packages start from R340 per child with a minimum of 6 guests.
- We will email you an invitation for you to send out to your guests.
- All girls will receive a glass of kiddies bubbly on arrival.
- Spa gowns will be provided for the kids to use whilst in the spa.
- Children to bring their own costumes, slip slops and change of clothes.
- Birthday girl will receive a FREE GIFT from Life Day Spa Kids.
- Use of the birthday room as allocated per package. **See below:**

### Spartly Packages for Groups

**Spartly Package 1** (MIN. 8 KIDS) 1.5hrs **R350pp**

Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) | DIY Products (10min) | Mini Fizz Ball Pedi OR Mani (20min) | Party Room (30min)

**Spartly Package 2** (MIN. 6 KIDS) 2hrs **R440pp**

Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) | DIY Products (10min) | Mini Fizz Ball Pedi OR Mani (20min) | Back, Neck and Shoulder Massage (20min) | Party Room (45min)

**Spartly Package 3** (MIN. 6 KIDS) 2.5hrs **R520pp**

Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) | DIY Products (10min) | Mini Facial (30min) | Mini Fizz Ball Pedi OR Mani (30min) | Party Room (45min)

**Spartly Package 4** (MIN. 6 KIDS) 3hrs **R610 pp**

Welcome Drink (Kiddies Bubbly) & Jacuzzi (35min) | DIY Products (10min) | Full Body Massage (45min) | Calming facial (45min) | Party Room (45min)

**Spartly Karate Package** (EXCLUSIVE TO BOYS - MIN. 6 KIDS) 2hrs **R440pp**

Welcome Drink (Kiddies Bubbly) & Jacuzzi (25min) | DIY Products (10min) | Back, Neck & Shoulder Massage (20min) | Relaxing Fizz Ball Foot Soak and Massage (20min) | Party Room (45min)

### Exclusivity Option

(DOES NOT INCLUDE TREATMENTS) For parties of 8 or more **R4 900**

The spa will be exclusively yours for 3 hours from start of first treatment.

### Birthday Room

Our birthday room is a wonderful room where the "sparty" girls come together to blow out their candles and enjoy their snacks and cake.

This party room has specialised lighting that changes colour according to the theme of the party. The party room is available for allocated time per package booked.

### Additional Optional Extras

- **Photobooth** from **R4 000**  
Take your memories home with you!
- **Additional Kiddies Bubbly** **R120/bottle**
- **Lunch**  
Based on the options selected. Platters available.
- **Birthday Cake** from **R720**  
Includes candles.
- **Sweet Boutique** **R85pp**  
Minimum of 6 Kids. Assorted vase sweets table with various premier sweets co-ordinated with the theme of your party.
- **Party Packs** from **R65pp**
- **Personalised Gowns** **R540pp**  
Purchase these for the party girl or for all the girls joining your party.

- **Gift/Sparty Packs**  
Tailor-make your own with a choice of our paraben free spa products.
- **Professional Photographer**  
Price on request.
- **Popcorn Machine** **R570**  
with boxes and operator (additional **R40 per person** for groups over 10)
- **Chocolate Fountain** **R720**  
(additional **R50 per person** for groups over 10)
- **Chocolate Fountain & Popcorn Machine Combo** **R1 040**  
(additional **R70 per person** for groups over 10)

### Bookings

- Completed booking form is essential for Sparties. This will be emailed on request.
- A 50% Deposit is required within 48Hrs of receiving invoice.
- Final numbers are due 1 week (7 days) prior to the function.
- Deposits will be forfeited if the party is not cancelled within 14 days prior to the booked party date.
- All guests booked in the 'final numbers' will be charged for.
- All "no shows" will be charged for in full.
- Party times are set and need to be adhered to.
- R1 000 per hour venue hire fee will be charged if party exceeds the allocated time.
- Guests to arrive 15 minutes before the start time of the party or before your treatments are booked.

## DIY PRODUCTS

**Make Your Own** **FREE**

### 3 in 1 Cream

Used for your massage, manicure and pedicure.

### Sugar Scrub

All over body exfoliator and used as the scrub in your manicure or pedicure.

1. Select your colour.
2. Select your fizz ball.
3. Mix and match your tray and use these in your treatment and take the rest home with you!

## MANICURES

**DIY - Create your own sugar scrub and massage cream to use in your treatments - Free of charge!**

### Fizz Ball Mini Manicure 30min **R190**

A relaxing fizz ball hand soak, quick massage, paint, enjoy the fizz ball experience.

### Specialised Manicure 45min **R230**

Fizz ball hand soak, exfoliation, nail shape, relaxing massage, nail paint with a hot bean bag around the neck to add to the relaxation.

**Nail Art** 10mins per nail **R15 per nail**

**Soak Off** 20mins **R80**

**Nail Paint Only** **R120**

## PEDICURES

**DIY - Create your own sugar scrub and massage cream to use in your treatments - Free of charge!**

### Fizz Ball Mini Pedicure 30min **R200**

A relaxing Fizz ball foot soak, nail shape, quick massage and paint. Used in all Sparties.

### Specialised Pedicure 45min **R250**

Fizz ball foot soak, exfoliation, nail shape, buff, relaxing massage, nail paint with a hot compress around the neck to add to the relaxation.

**Nail Art** 10mins per nail **R15 per nail**

**Soak Off** 20mins **R80**

**Nail Paint Only** **R130**

## HYDROTHERAPY

**Jacuzzi area accommodates up to 20 kids**

Jacuzzi 30min **R110pp**

## COFFEE BAR

**We serve...**

**Espresso, cappuccino, hot chocolate, fruit juice & soft drinks.**

Snacks and Platters served on request. Catering Menu will be emailed on request.

**\* Prices apply to kids only - adults prices on request.**

**\*\* Life Day Spa Kids is ideally suited to treat kids between the ages: 4 to 14.**

**YOURS IN PAMPERING!**

**The Life Day Spa Kids Team**



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